





Framing the Collaboration: How Do We Effectively Address Rural Health Disparities?

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National Institute on Minority Health and Health Disparities Research Framework

		Levels of Influence*			
		Individual	Interpersonal	Community	Societal
Domains of Influence (Over the Lifecourse)	Biological	Biological Vulnerability and Mechanisms	Caregiver–Child Interaction Family Microbiome	Community Illness Exposure Herd Immunity	Sanitation Immunization Pathogen Exposure
	Behavioral	Health Behaviors Coping Strategies	Family Functioning School/Work Functioning	Community Functioning	Policies and Laws
	Physical/Built Environment	Personal Environment	Household Environment School/Work Environment	Community Environment Community Resources	Societal Structure
	Sociocultural Environment	Sociodemographics Limited English Cultural Identity Response to Discrimination	Social Networks Family/Peer Norms Interpersonal Discrimination	Community Norms Local Structural Discrimination	Social Norms Societal Structural Discrimination
	Health Care System	Insurance Coverage Health Literacy Treatment Preferences	Patient–Clinician Relationship Medical Decision-Making	Availability of Services Safety Net Services	Quality of Care Health Care Policies
Health Outcomes		 Individual Health	 Family/ Organizational Health	 Community Health	 Population Health

“Multilevel interventions that take into account complex interactions between individuals and their environments can better address determinants of health and enhance chronic disease prevention and health promotion for local communities.”

Eliseo J. Pérez-Stable, MD
Director of the National
Institute on Minority Health
and Health Disparities

Research Strategies

Expand translational research

- Focus on implementation

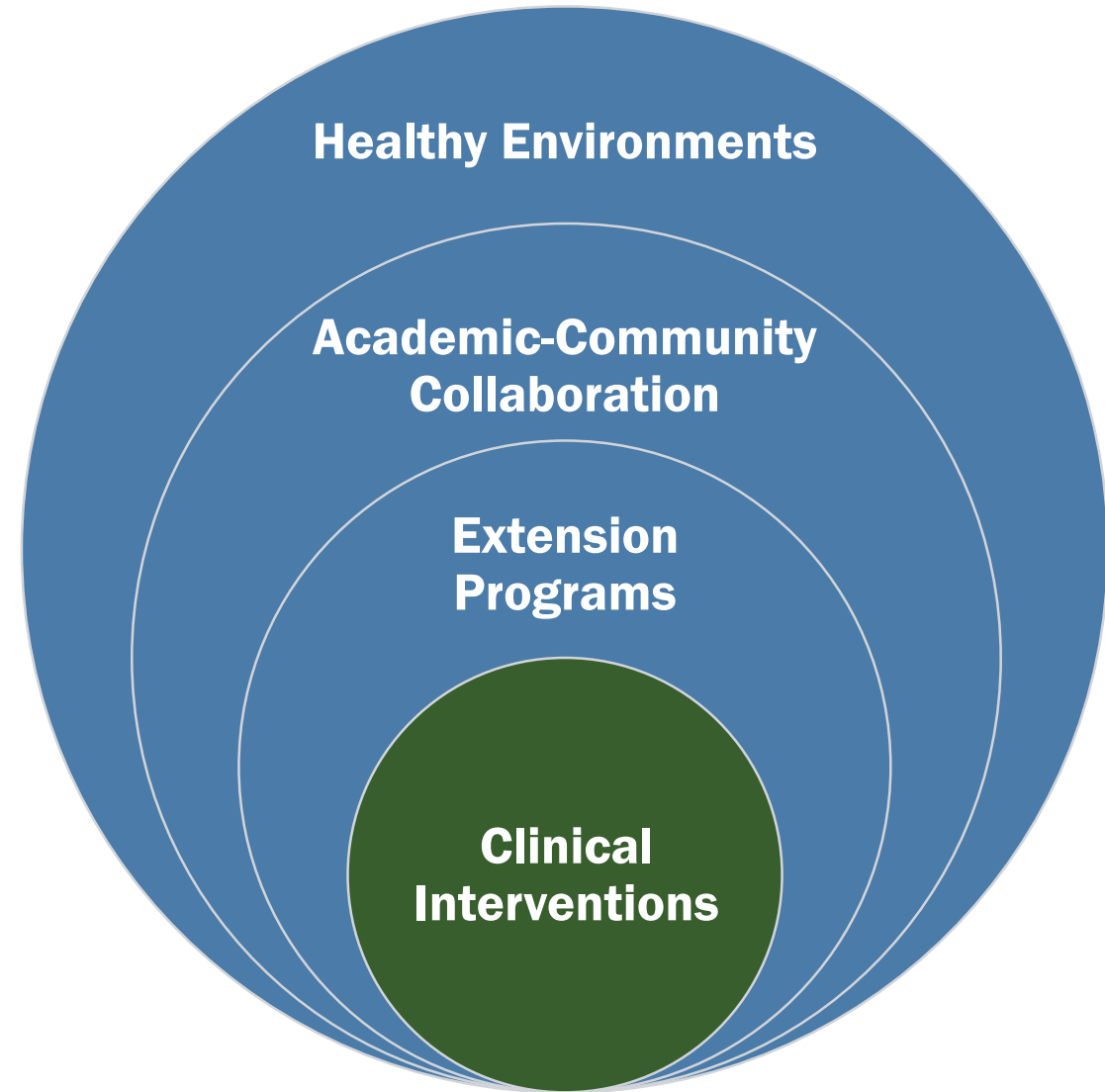
Enhance measures and methods

- Develop cohesive, complex, and big data

Incorporate a life-course approach

- Intervene in intergenerational transmission

(Alvidrez & Stinson, 2019; Breen et al, 2019; Duran & Pérez-Stable, 2019; Jeffries et al., 2019)



Framing the Collaboration for Multilevel Research

UF/IFAS Extension

Chronic Disease Prevention and Management

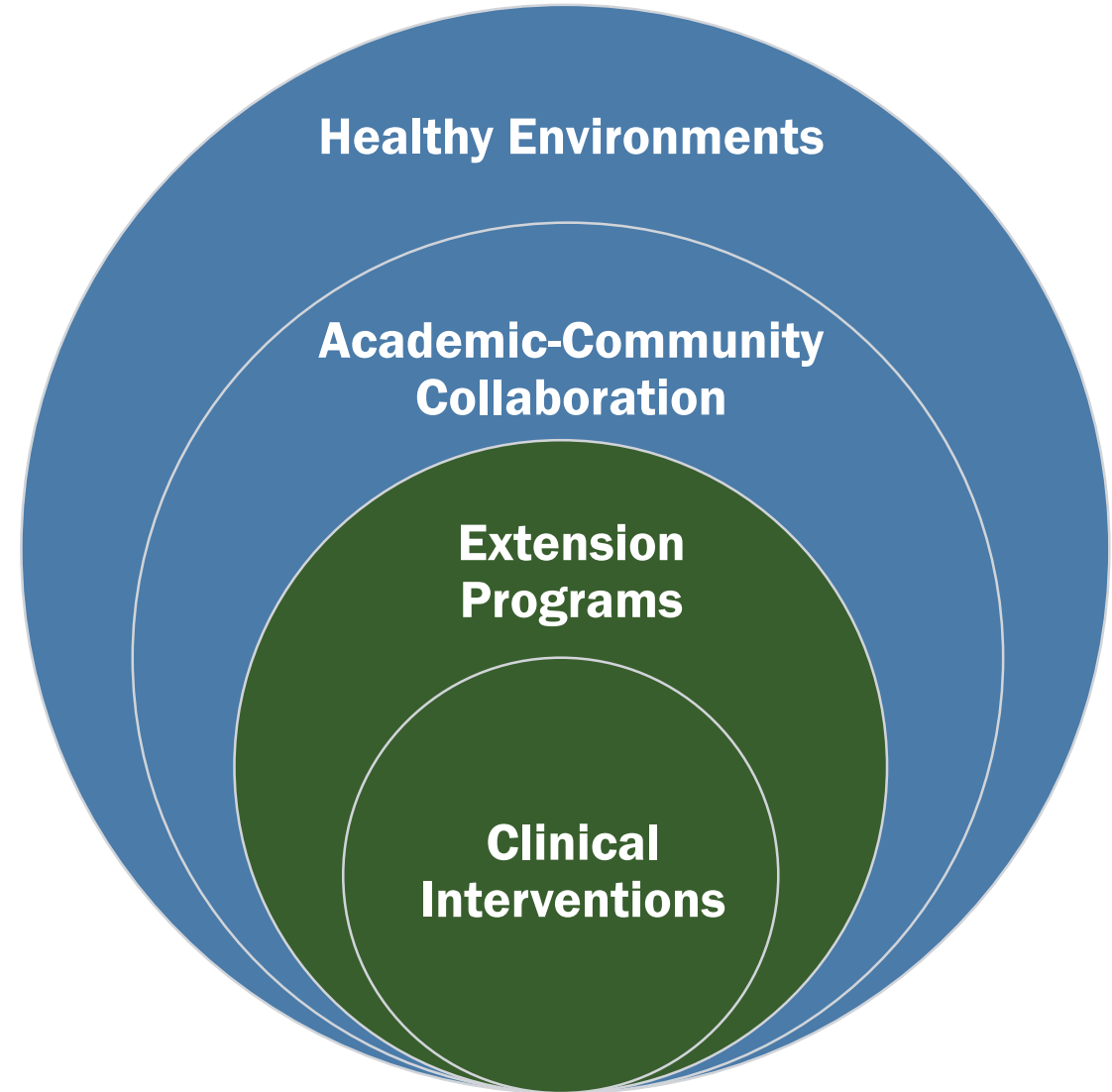
- Rural HEALTH Program
- Financial Toxicity

Family and Youth Development


- SMART Florida Project

Community Development, Housing and Women Finance

- Homeflow
- Women and Money/
Master Money Mentor



Framing the Collaboration for Multilevel Research



We engage in equitable collaboration that builds on the strengths of each academic unit and that of rural communities to design multilevel interventions that reduce rural health disparities.