Framing the Collaboration: How Do We Effectively Address Rural Health Disparities?

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Multilevel interventions that take into account complex interactions between individuals and their environments can better address determinants of health and enhance chronic disease prevention and health promotion for local communities.

Eliseo J. Pérez-Stable, MD
Director of the National Institute on Minority Health and Health Disparities
Research Strategies

Expand translational research
  - Focus on implementation

Enhance measures and methods
  - Develop cohesive, complex, and big data

Incorporate a life-course approach
  - Intervene in intergenerational transmission

(Alvidrez & Stinson, 2019; Breen et al, 2019; Duran & Pérez-Stable, 2019; Jeffries et al., 2019)
UF/IFAS Extension

Chronic Disease Prevention and Management
- Rural HEALTH Program
- Financial Toxicity

Family and Youth Development
- SMART Florida Project

Community Development, Housing and Women Finance
- Homeflow
- Women and Money/Master Money Mentor
We engage in equitable collaboration that builds on the strengths of each academic unit and that of rural communities to design multilevel interventions that reduce rural health disparities.